

# Rotary One

**UNITE  
FOR  
GOOD**

## The Voice of Unity from Zone 4



Rtn K Palaksha  
District Governor  
RI Dist 3182



Rtn Amit Aravind  
Assistant Governor  
Zone IV, RID 3182



**Rtn Dr Ganesha A**  
Zonal Learning  
Facilitator



Rtn Dr Srikanth  
Prabhu  
Zonal Secretary



Rtn Janardhan  
Bhat  
Zonal Lieutenant



Rtn Dr D Sridhar  
Zonal Lieutenant



Rtn Smitha  
Kamath  
Zonal Lieutenant



Rtn Prashanth  
Hegde  
Zonal Editor

## Message from the Assistant Governor - Zone 4

October focuses on **Disease Prevention and Economic Development**, two vital areas where Rotary continues to make a meaningful global impact. Let us take pride in contributing towards creating healthier communities and stronger economies through our projects and initiatives. At the outset, I would like to **appreciate Rotary Parkala AISRI** for hosting an outstanding **Interact Assembly in September 2025**. The event was truly grand, with a record number of students in attendance and an excellent lineup of speakers. Kudos to the entire team for their meticulous planning and flawless execution! As we move into October and beyond, let us keep up the same enthusiasm and momentum.

We have several exciting events lined up this month:

- **District Governor's Official Visit to Rotary Udupi Udyavara and Rotary Manipal Town Clubs** — let's ensure these visits are memorable and impactful.
- **Zonal TRF Seminar** hosted by **Rotary Manipal Hills** on **24th October 2025** — I request all clubs to participate actively and contribute generously to **The Rotary Foundation (TRF)**. Every contribution strengthens our foundation. Donors contributing **USD 100 or more** will be specially recognized.
- **Zonal Cultural Program** hosted by **Rotary Udupi** at Mathura Chatra Hall on **2nd November 2025** — a wonderful opportunity to showcase our talents and fellowship spirit. Let's participate 100%!

I would also like to convey my heartfelt **thanks to Editor Rtn. Prashanth Hegde** for consistently bringing out a vibrant and timely zonal magazine and for designing beautiful invitations for our events. Your efforts truly keep ur zone connected and inspired. Finally, congratulations to all **Club Presidents and Secretaries** for diligently uploading the monthly reports on time. Let's continue this spirit of commitment and teamwork throughout the year. Together, let's make **Zone 4 shine brighter** — in service, in fellowship, and in Rotary spirit!

**Yours in Rotary Service,**

Rtn. Amit Aravind

Assistant Governor, Zone 4

RID 3182



OCTOBER

**Rotary**  **4 Way Test**  
of the things we think, say, or do

Is it the **TRUTH**?

Is it **FAIR** to all concerned?

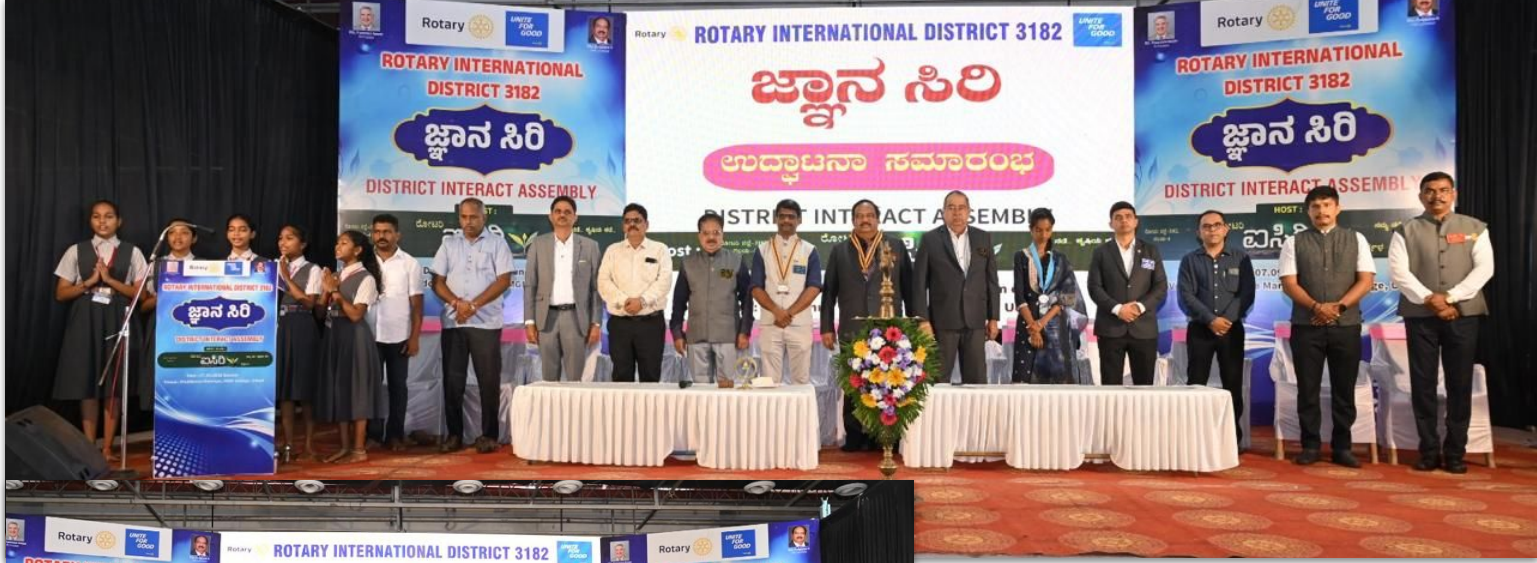
Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?

Will it be **BENEFCIAL** to all concerned?

# Community Economic Development Month



## Jnanasiri - District Interact Assembly



**ಮಾಹಿತಿ ಕಾರ್ಯಾಗಾರ**

- ಯುವಕರಿಗೆ ಸೇನೆಯಲ್ಲಿ ಅವಕಾಶ  
ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿ :  
ಮೇಜರ್ ಡಾ|| ಅಜಯ್ ವೈ. ಎ.  
Head Quarter Assistant Officer and Consultant Peditrician
- ಶಿಕ್ಷಣದೊಂದಿಗೆ ನಾಯಕತ್ವ  
ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿ :  
ಶ್ರೀಮತಿ ಸವಿತಾ ಎಮರ್ಸನ್  
ಲಾಭಸ್ಥಿ, ಕರ್ನಾಟಕ ಹೆಲ್ತ್ ಸ್ಕೂಲ್, ಬ್ರಹ್ಮವಾರ  
ಎಸ್.ಎಸ್.ಎಸ್. ವಿಭಾಗಾಧಿಕಾರಿ, ಮಂಗಳೂರು ವಿಭಾಗ
- ವ್ಯಕ್ತಿತ್ವ ವಿಕಾಸ  
ಶ್ರೀ ರಾಜೇಶ್ ಎ. ಶೆಟ್ಟಿ  
ತರಬೇತುದಾರರು

ರೋಟರಿ ಐಸಿರಿ ಪರ್ಕಳದ ಆಶ್ರಯದಲ್ಲಿ ಉಡುಪಿ MGM ಕಾಲೇಜಿನ ಮುದ್ದಣ್ಣ ಮಂಟಪದಲ್ಲಿ ಜಿಲ್ಲಾ ಇಂಟರಾಕ್ಟ್ ಅಧಿವೇಶನ ಜ್ಞಾನಸಿರಿ ಯನ್ನು 7/9/2025 ರಂದು ನಡೆಸಲಾಯಿತು. ಕಾರ್ಯಕ್ರಮದ ಅಧ್ಯಕ್ಷತೆಯನ್ನು ರೋಟರಿ ಐಸಿರಿಯ ಅಧ್ಯಕ್ಷ ರೊ ಅನಿಲ್ ಕುಮಾರ್ ವಹಿಸಿದ್ದರು ಉದ್ಘಾಟಕರಾಗಿ ರೋಟರಿ ಜಿಲ್ಲೆ 3182 ರ ಜಿಲ್ಲಾ ಗವರ್ನರ್ Rtn ಪಾಲಾಕ್ಷ ಅವರು ಉಪಸ್ಥಿತರಿದ್ದರು ಜಿಲ್ಲಾ ಇಂಟರಾಕ್ಟ್ ಸಭಾಪತಿ Rtn ಸುರೇಶ್ ಬೇಳೂರು ರವರು ಪ್ರಾಸ್ತಾವಿಕವಾಗಿ ಮಾತನಾಡಿದರು. ಜಿಲ್ಲಾ ಪದಾಧಿಕಾರಿಗಳಾದ PDG Rtn ರಾಜಾರಾಂ ಭಟ್ ಹಾಗೂ PDG Rtn ಜ್ಞಾನವಸಂತ ಶೆಟ್ಟಿ ಇವರು ಶುಭಾಶಂಸನೆಗೈದರು. ಜಿಲ್ಲಾ ಇಂಟರಾಕ್ಟ್ ಪ್ರತಿನಿಧಿ ಅನುಪಮ ಶೆಟ್ಟಿ ಅವರು ಮಾತನಾಡಿ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಸಂದೇಶ ನೀಡಿದರು. DGE Rtn ಬಿ ಎಂ ಭಟ್ ದಿಕ್ಕುಚಿ ಭಾಷಣ ಮಾಡಿ ಇಂಟರಾಕ್ಟ್ ಪದಾಧಿಕಾರಿಗಳಿಗೆ ಅವರ ಜವಾಬ್ದಾರಿಗಳನ್ನು ತಿಳಿಸಿದರು. ರೊ ಗುರುಪ್ರಸಾದ್ ಕಾಮತ್ ವಂದಿಸಿದರು Rtn Major Dr ಅಭಿಜಿತ್ Y V ಅವರು ಸೇನೆಯಲ್ಲಿ ಯುವಜನತೆಗೆ ಅವಕಾಶ ಎಂಬ ಬಗ್ಗೆ ಮಾಹಿತಿ ನೀಡಿದರು ಶ್ರೀಮತಿ ಸವಿತಾ ಎಮರ್ಸನ್ ಅವರು ಶಿಕ್ಷಣದೊಂದಿಗೆ ನಾಯಕತ್ವದ ಬಗ್ಗೆ ಮಾತನಾಡಿದರು. Rtn ರಾಜೇಶ್ ಡಿ ಶೆಟ್ಟಿ ಅವರು ವ್ಯಕ್ತಿತ್ವ ವಿಕಾಸದ ಬಗ್ಗೆ ಮಾಹಿತಿ ನೀಡಿದರು ಸಮಾರೋಪದಲ್ಲಿ ಜಿಲ್ಲಾ interact ಅಧಿವೇಶನದ ಸಭಾಪತಿ ಸಂದೀಪ್ ಕುಮಾರ್ ಅವರು ತಮ್ಮ ಅನಿಸಿಕೆ ಹಂಚಿಕೊಂಡರು. 100 ಜನ ಶಿಕ್ಷಕರನ್ನು ಶಿಕ್ಷಕ ದಿನಾಚರಣೆಯ ಅಂಗವಾಗಿ ಗುರುತಿಸಿ ಗೌರವಿಸಲಾಯಿತು ವಿದ್ಯಾರ್ಥಿಗಳು ಮತ್ತು ಶಿಕ್ಷಕರು ಅನಿಸಿಕೆಯನ್ನು ಹಂಚಿಕೊಂಡರು. ಜಿಲ್ಲಾ ಗವರ್ನರ್ ಕಾರ್ಯಕ್ರಮದ ಬಗ್ಗೆ ಮೆಚ್ಚುಗೆ ವ್ಯಕ್ತಪಡಿಸಿದರು. Rtn ಸುಕೇಶ ಕುಂದರ್ ವಂದನಾರ್ಪಣೆ ಗೈದರು. Rtn ಸ್ಥಿತಾ ಜಿ ಕಾಮತ್ ಅವರು ನಿರೂಪಣೆ ಮಾಡಿದರು . ಮಾಧವ ಕೃಪ ಮಣಿಪಾಲ ಇಲ್ಲಿನ ವಿದ್ಯಾರ್ಥಿಗಳಿಂದ ರಸ್ತೆ ಸುರಕ್ಷತೆ ಕುರಿತು ಬೀದಿ ನಾಟಕ ನಡೆಯಿತು. ಸುಮಾರು 1000 ವಿದ್ಯಾರ್ಥಿಗಳು ಕಾರ್ಯಕ್ರಮದ ಫಲಾನುಭವ ಪಡೆದರು .



## RC Aisiri Parkala

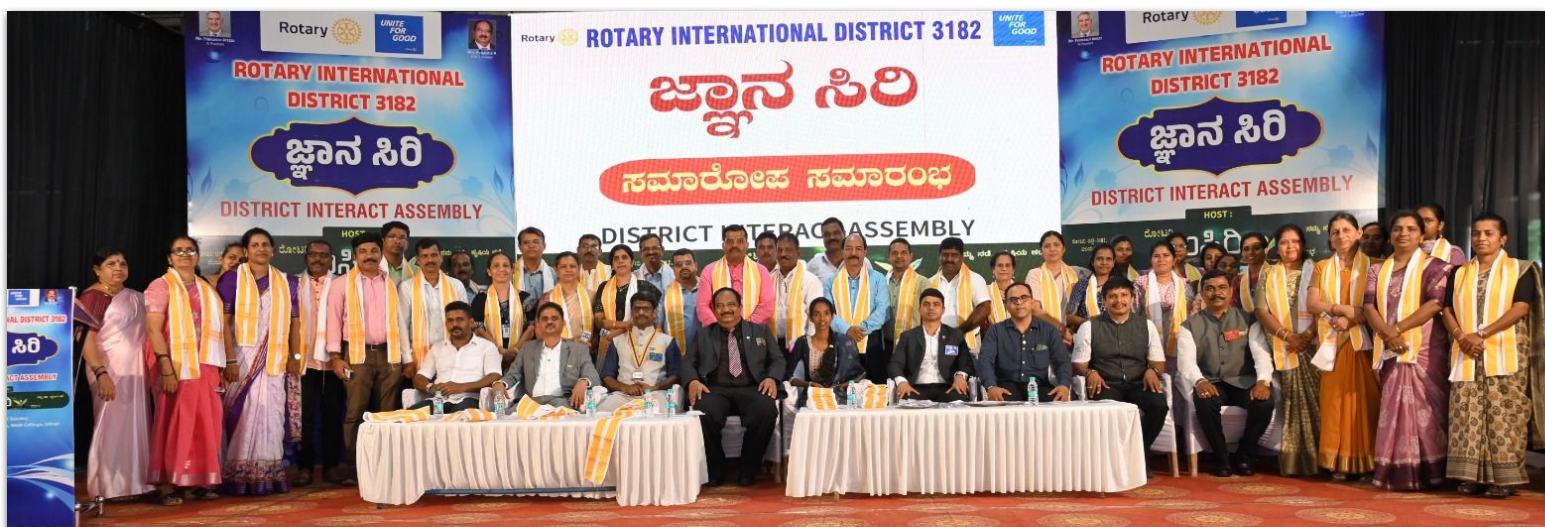


On the occasion of **Teachers' Day** on September 5, Rotary Aisiri and RCC Aisiri jointly recognized nine Anganwadi teachers

An informative session on the topic **21st Century Skills** was conducted for the students of Sharada Training Institute. Rtn. Smitha G. Kamath participated as the resource person, and **30 trainee teachers** benefited from the session



As part of the **District Road Safety** initiative, stickers were affixed to autos at the Parkala Auto Stand. A total of **25 drivers** benefited from this activity.



The **District Interact Assembly Jnanasiri** was organized on **September 7** at **Muddanna Mantapa, MGM College**. The event was inaugurated by **District Governor Rtn. Palaksha**, and a total of **850 Interact students** participated and benefited from the program



# Club Activities

## RC Manipal



**Career Guidance** for Government Girls P U College girls – A talk by CA Radhika Bhat. A total of **200** students benefited from this talk.



Distributed of bilingual story books and biographies of great personalities with pictures to **300 primary school children** on the occasion of **World Literacy Day**



On the occasion of **nutrition Week**, a talk was arranged on '**Health Care and nutrition for teenagers**' by the gynaecologist Dr. Rajalakshmi. A total of **200** students benefited from this talk.



On the occasion of **World Alzheimer's day** and the following older citizen's day, **Caregivers day out** was arranged, in Association with MCHP, MAHE, Manipal. A total of **60** benefited from this initiatives.



A **Free Eye Check-up Camp** was organized at Kukkehalli, providing essential eye care services to **164 individuals** who underwent **eye examinations**. Following the check-up, **107 beneficiaries** received free **spectacles**, enabling improved vision.



Visited Krishnanugraha, Children's Fit Institute and Child Adoption centre - providing meals and handing over the requirements



# Club Activities

## RC Manipal Hills



**Muddu Krishna Competition** was held for six RCC clubs Adarsha Nagara, Bhramari, Pragathi Nagara, Netaji Nagara, Manchikodi, Dhoomavathi at Childrens Library Rotary Hall. The event saw enthusiastic participation from 60 children, aged 4 months to 6 years.



Rotary Club Manipal Hills members conducted **Road Safety program** under **Public Image project** in and around Manipal by distributing **Road Safety Stickers** to buses and auto drivers.

**Felicitated 8 teachers** (6 Anganavadi teachers and 2 Rotarians cum Teachers) in connection with Teachers day (Sept. 5)



Rtn. H. V. Rao and Rtn. Vandana Rao handed over **Club flag exchange** received at USA to our club



RC Manipal Hills members Greeted PHF Rtn Gopinath Sarvade for his 87th birthday at his house by cake cutting



## RC Manipal Town



Organized a **practical yoga session** for its members, led by Dr. Annapoorna K, Head of the Division of Yoga at MAHE, Manipal. The session aimed to promote health and well-being through hands-on yoga practice

Rotary Club of Manipal Town, in collaboration with the IFMR Udupi Chapter, organized a 3 day awareness event **“Ride for Life [4:3:2:1] – Organ & Skin Donation”**, covering four districts. The event began with a joint meeting and flag-off at MAHE, Manipal, featuring **Rtn. Dr. Arun Hegde** as Guest Speaker. Awareness sessions were later conducted in **Shivamogga, Chikkamagaluru, and Hassan**, in association with local Rotary clubs and educational institutions. The initiative successfully promoted organ and skin donation awareness while embodying Rotary’s spirit of **Service Above Self**



The **IFMR Hassan Sub Chapter** organized a **Coffee Meet** with IFMR Udupi and the **Rotary Club of Manipal Town** on **September 20, 2025**, at Hotel Udupi, Hassan, to foster fellowship and camaraderie among Rotarians. The informal gathering, attended by leaders including **Rtn. Dr. Vasudev Bhat, Rtn. Dr. Deepak Ram Bairy, and Rtn. Mohan Nayak**, encouraged friendship, and the true spirit of Rotary fellowship.



Organized an outreach visit to the **Manipal Hospice & Respite Center (MHRC)**, as part of its “Service Above Self” initiative. The visit featured **Dr. Seema Rao**, Director of MHRC, as Guest of Honor, who shared insights on the center’s compassionate care services. The interaction aimed to offer encouragement and support to MHRC’s staff and residents.



## RC Parkala



Rotary Parkala in association with Udupi District Hindi Teachers Association, School Education and Literacy Department Udupi District level and Parkala Education Society (R), Udupi are jointly organized **District Level Hindi Diwas** and **Hindi Workshop** for the Hindi High School Udupi District Teachers held on 14 Sept 2025 at Suvarna Saudha Auditorium, Parkala High School



In association with Agni Shamaka Dal Udupi District and Parkala High School organized **Practical demonstrations of fire extinguishers** and awareness about fire accidents for the students at the campus of Parkala High School



In association with Parkala High School organized **Muddukrishna Competitions** for the primary school students held in the Suvarna Saudha Auditorium on the occasion of celebrations of Krishna Janmashtami at Udupi Krishna Temple



On the occasion of **Teachers Day Celebration** Rotary Parkala arranged a **felicitation programmes** for the teachers of Parkala High School held at Suvarna Saudha Auditorium



# Club Activities

## RC Udupi



**Celebrated Anns day and Teachers day programme 03 Sep 2025**



**Conducted Road Safety program by distributing Road Safety Stickers**



**Donated Desk and Benches to Sagrinole School**



**Exchanged flags with Jt Secretary Dist 3191**



**Onam Celebration along with Rotaract**

## RC Udupi Udyavara



**AG conducted Club Assembly prior to DG's Official Visit**



**Assisted the underprivileged residents at Swarga Ashrama**



## Membership Growth - Zone IV

Rotary Club	Members as on 30th June 2025	Members as on 13th October 2025	Growth since 01 July 2025	% of Female Rotarians
Aisiri Parkala	26	28	+2	14.29
Katpady	26	26	0	15.38
Manipal	69	75	+6 (4 Female Rtns)	45.33
Manipal Hills	29	30	1	31
Manipal Town	39	44	+5 (1 Female Rtn)	15.91
Parkala	30	36	+6 (2 Female Rtns)	17.14
Udupi	62	69	+7 (2 Female Rtns)	29
Udupi Udyavara	14	14	0	0

### Upcoming Events

**RI District 3182**

## The Rotary Foundation & Polio Plus Seminar - 2025

**Host:** RC Shimoga East, Zone-11  
**Date:** 8th & 9th November 2025  
**Venue:** Arecanut Mandi Merchant Sports Club, Sagar Road, Shivamogga

REGISTRATION CHARGES :		
Delegate :	Up to 25-10-2025	After 26-10-2025
Rotarian/Guest :	2000/-	2500/-
Ann/Annets :	1500/-	1700/-
Mode of Payment :	NEFT / IMPS / UPI	
Note Please :	Avoid Spot Registrations	

**Zone IV - Zonal Seminar on TRF and Polio plus**

<b>Chief Guest</b>	<b>Inaugurator</b>	<b>Keynote Address</b>	<b>Presided by</b>
 Rtn CA Dev Anand Dist Governor 2024-25 RI Dist 3182	 Rtn Amit Aravind Assistant Governor Zone IV, RID 3182	 Rtn Subrahmanya Basri Dist Chairman Polio Plus Committee	 Rtn Suresh Rai President RC Manipal Hills

**Panel Discussion on TRF**

<b>Moderator</b>	<b>Panelists</b>
 Rtn Dr A Ganesh Zonal Learning Facilitator	 Rtn Dr Girija Dist Chairman - PHS Coordinator Committee  Rtn Janardhan Bhat Zonal Lieutenant  Rtn Umesh Salian Zonal Coordinator TRF  Rtn Dr Prabhakar Renjal Zonal Coordinator Polio Plus

**Guests of honour**

 Rtn Smitha Kamath Zonal Lieutenant	 Rtn Dr Sreedhar D Zonal Lieutenant	 Rtn Dr Srikanth Prabhu Zonal Secretary	 Rtn Prashanth Hegde Zonal Editor
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**When:** Friday, 24th October 2025 at 6 PM  
**Where:** Manipal Hills Mannappalla, Manipal  
**Host Club:** Rotary Club Manipal Hills

*All are cordially invited*

 Rtn Suresh Rai President, RC Manipal Hills	 Rtn Shreelatha Maiya Secretary, RC Manipal Hills	<b>&amp; all the members of RC Manipal Hills</b>
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Fellowship: 6 PM - 6:30 PM | Programme: 6:30 PM - 8:30 PM | Followed by dinner

- ❖ **Walkathon** hosted by Rotary Udupi and Manipal Town - 24th October 2025
- ❖ **DG's Official Visit** - 25th October 2025
- ❖ **Zonal Cultural Meet** - Hosted by Rotary Udupi at Mathura Chatra Hall, Udupi - 2nd November 2025